

- 1> Read and complete the texts. Use adjectives to complete the menu and verbs in the box for the recipe. The first letters of adjectives have been given. Some words can be used more than once.

### BLUE LAGOON CAFÉ

#### TODAY'S MENU

**STARTERS**

F \_\_\_\_\_ tomato and basil soup with c \_\_\_\_\_ croutons.

S \_\_\_\_\_ salmon (with chillies), spinach and pasta salad with s \_\_\_\_\_ mango dressing

**MAIN COURSES**

R \_\_\_\_\_ chicken breast covered with e \_\_\_\_\_ flowers and r \_\_\_\_\_ sunflower seeds

S \_\_\_\_\_ or f \_\_\_\_\_ buns

meatballs covered with s \_\_\_\_\_, herbal sauce

**DESSERTS**

M \_\_\_\_\_ chocolate mousse (still liquid) with d \_\_\_\_\_ apricots

G \_\_\_\_\_ pineapple with coconut sorbet

add garnish    bring leave    chop pour    drain sprinkle

### SWEET AND SOUR PEA SALAD

- \_\_\_\_\_ the eggs to the boil. \_\_\_\_\_ them to cool and then \_\_\_\_\_ them carefully. Then \_\_\_\_\_ the eggs finely, and put them into a big bowl.
- Open a tin of green peas. \_\_\_\_\_ the peas and \_\_\_\_\_ them to the eggs.
- Open a jar of pickled cucumbers. \_\_\_\_\_ the cucumbers, \_\_\_\_\_ them and \_\_\_\_\_ them into tiny cubes. \_\_\_\_\_ the cucumber cubes to the bowl.
- \_\_\_\_\_ the dried fruit and \_\_\_\_\_ it gently into the mixture. \_\_\_\_\_ it for a few minutes in a cool place for the flavours to blend. Don't put the mixture into the fridge!
- Meanwhile, use a large cup to prepare the dressing. \_\_\_\_\_ the olive oil and lemon juice into it, \_\_\_\_\_ the mustard, and \_\_\_\_\_ in some sprinklings of salt, sugar and pepper to taste.
- \_\_\_\_\_ the dressing over the mixture and \_\_\_\_\_ gently.
- Finally, serve the salad on a large plate or in small glass bowls. \_\_\_\_\_ it with the roasted almonds and sunflower seeds. \_\_\_\_\_ it with fresh basil or parsley leaves.

- 2> Translate the sentences into English.

- Niestety niewielu ludzi kupiło dotychczas moją najnowszą książkę na temat zdrowej żywności.  
\_\_\_\_\_
- Obawiam się, że spożywam za dużo cukru i tłuszczu, a nie piję wystarczająco dużo wody.  
\_\_\_\_\_
- Na opakowaniu nie ma żadnej informacji jak długo powinno się gotować te pierogi.  
\_\_\_\_\_
- Sąsiadka chciała ode mnie pożyczyć trochę mąki, ale nie miałam, więc musiała wrócić do domu po pieniądze i kupić ją w sklepie za rogiem.  
\_\_\_\_\_
- Niewiele możemy teraz zrobić w sprawie braku wody – lokalne władze obiecały zająć się problemem jutro.  
\_\_\_\_\_

- 3> Rewrite the sentences using expressions of ability or necessity (*have to, be able to, must, can*).

- I wasn't allowed to eat in fast food restaurants when I was three.  
\_\_\_\_\_
- I'm afraid I will always have a problem with eating meat.  
\_\_\_\_\_
- Our teacher told me to use a black pen instead of a red one to make notes.  
\_\_\_\_\_
- I was given the choice to buy any of the lunches available at the canteen when I was at primary school.  
\_\_\_\_\_
- She has found ways to manage her food allergy early in her childhood.  
\_\_\_\_\_
- It was necessary for me to avoid chocolate when I was a child as I was allergic to cocoa.  
\_\_\_\_\_