

# 7

## Review

### 1) Complete the questions with the missing prepositions and answer them.

- 1 What could you do with the food which would normally go \_\_\_\_\_ waste? \_\_\_\_\_
- 2 Are you put \_\_\_\_\_ by any food product? Why wouldn't you eat it? \_\_\_\_\_
- 3 What do you feast \_\_\_\_\_ in each season of the year? \_\_\_\_\_
- 4 Have you ever succeeded \_\_\_\_\_ cooking a particular dish? What was it? \_\_\_\_\_
- 5 What types of food go \_\_\_\_\_ really quickly and which can be stored much longer?  
\_\_\_\_\_
- 6 Do you always manage \_\_\_\_\_ keep a balanced diet? If not, what are the reasons?  
\_\_\_\_\_

### 2) Complete the table with the opposites of the phrases in bold.

Two models of multi-cooker have been tested based on common recipes for home-made nutella and roast chicken. The results couldn't be different. See for yourself!

	MULTI COOKER X	MULTI COOKER Y
HOME-MADE NUTELLA	<b>smooth</b> in texture perfect in taste (sweet but <b>not too sweet</b> )	<sup>1</sup> l _____ y <sup>2</sup> s _____ y-sweet
ROAST CHICKEN	<b>tender</b> <sup>4</sup> suc _____ t <sup>5</sup> scr _____ s	<sup>3</sup> t _____ <b>dry</b> <b>disgusting</b>

### 3) Complete the collocations with the word FOOD. Then write your own sentences using them.

b. \_\_\_\_\_

w. \_\_\_\_\_

a. \_\_\_\_\_

**food**

i. \_\_\_\_\_

i. \_\_\_\_\_

### 4) Translate the Polish parts of the sentences into English.

- 1 Although Ken is already 20, he isn't even capable \_\_\_\_\_ (*ugotować*) water for his tea.
- 2 You \_\_\_\_\_ (*będziesz musiał*) consult a dietician if you want to become vegetarian and stay healthy.
- 3 \_\_\_\_\_ (*Żadne z*) the cakes at the shop appealed to me, so I baked my own.
- 4 To prevent him from getting overweight, we \_\_\_\_\_ (*nie pozwalamy mu jeść*) any sweets.
- 5 I will never forget \_\_\_\_\_ (*gdy spróbowałam*) garlic shrimp for the first time. It was heavenly!
- 6 She \_\_\_\_\_ (*nie była w stanie*) save up for some new kitchen \_\_\_\_\_ (*meble*), so she just replaced the upper cabinets and countertops.

### 5) Read the opinions (1-7) and say whether you agree with them or not. Discuss your views with another student.

Options	Agree	Disagree
1 A healthy diet cannot be confused with taking food supplements, which are ineffective at best and harmful at worst.		
2 Our meals should mostly consist of locally grown products.		
3 Maintaining a healthy weight shouldn't depend on continuous dieting.		
4 Giving up drinking milk can be beneficial for your health.		
5 It is possible to provide our body with all the necessary nutrients on a strict vegan diet.		
6 Sweets can help you cope with stress and sadness.		
7 It is not advisable to turn to a gluten-free diet unless you have celiac disease.		