

1> Complete the questions with the missing prepositions and answer them.

- 1 What could you do with the food which would normally go _____ waste? _____
- 2 Are you put _____ by any food product? Why wouldn't you eat it? _____
- 3 What do you feast _____ in each season of the year? _____
- 4 Have you ever succeeded _____ cooking a particular dish? What was it? _____
- 5 What types of food go _____ really quickly and which can be stored much longer?

- 6 Do you always manage _____ keep a balanced diet? If not, what are the reasons?

2> Complete the table with the opposites of the phrases in bold.

Two models of multi-cooker have been tested based on common recipes for home-made nutella and roast chicken. The results couldn't be different. See for yourself!

	MULTI COOKER X	MULTI COOKER Y
HOME-MADE NUTELLA	smooth in texture perfect in taste (sweet but not too sweet)	¹ l _____ y ² s _____ y-sweet
ROAST CHICKEN	tender ⁴ suc _____ t ⁵ scr _____ s	³ t _____ dry disgusting

3> Complete the collocations with the word FOOD. Then write your own sentences using them.

b. _____ i. _____
w. _____ i. _____
a. _____

food

4> Translate the Polish parts of the sentences into English.

- 1 Although Ken is already 20, he isn't even capable _____ (*ugotować*) water for his tea.
- 2 You _____ (*będziesz musiał*) consult a dietician if you want to become vegetarian and stay healthy.
- 3 _____ (*Żadne z*) the cakes at the shop appealed to me, so I baked my own.
- 4 To prevent him from getting overweight, we _____ (*nie pozwalamy mu jeść*) any sweets.
- 5 I will never forget _____ (*gdy spróbowałam*) garlic shrimp for the first time. It was heavenly!
- 6 She _____ (*nie była w stanie*) save up for some new kitchen _____ (*meble*), so she just replaced the upper cabinets and countertops.

5> Read the opinions (1–7) and say whether you agree with them or not. Discuss your views with another student.

Options	Agree	Disagree
1 A healthy diet cannot be confused with taking food supplements, which are ineffective at best and harmful at worst.		
2 Our meals should mostly consist of locally grown products.		
3 Maintaining a healthy weight shouldn't depend on continuous dieting.		
4 Giving up drinking milk can be beneficial for your health.		
5 It is possible to provide our body with all the necessary nutrients on a strict vegan diet.		
6 Sweets can help you cope with stress and sadness.		
7 It is not advisable to turn to a gluten-free diet unless you have celiac disease.		