

Present simple and present continuous; Adverbs of frequency; State and action verbs

1 Complete with the present simple or the present continuous form of the verbs given.

- 1 She normally (wear) her hair short, she says it looks tidier!
- 2 Hurry up – it (get) late.
- 3 At the moment my team and I (train) for four hours a day to prepare for the school football finals.
- 4 I'm very pleased today because my teacher says I (make) great progress with my English.
- 5 My little sister is really clever but she (not work) very hard.
- 6 You (always/complain) about everything – it's so annoying!

2 Put these words in the correct order.

- 1 out/We/occasionally/eat/on/Sundays/.
.....
- 2 blue/wearing/T-shirt/at/my/the moment/I'm/.
.....
- 3 the weekend/give/don't usually/over/homework/us/teachers/Our/.
.....
- 4 Granny/she sees/looks/her grandchildren/when/cheerful/always/.
.....
- 5 asking/friend/my/clothes/to borrow/My/is always/me/.
.....
- 6 finishing/but today/Dad/the evening,/usually/in/some/relaxes/he's/work/.
.....

3 Unscramble these words to find 12 state verbs.

- 1 dnsou
.....
- 2 ebmremer
.....
- 3 esem
.....
- 4 etah
.....
- 5 lebevie
.....
- 6 mesll
.....
- 7 name
.....
- 8 now
.....
- 9 obglne
.....
- 10 pparea
.....
- 11 rpefer
.....
- 12 surneddant
.....

4 Circle the correct option.

Sylvia (1) *has/is having* many qualities, but she's a bit too shy. She's more intelligent than she (2) *thinks/is thinking*. She's quite a good student and she (3) *knows/is knowing* French and Spanish well, but she's poor in maths. In fact, she (4) *gets/is getting* very low marks in algebra at the moment. Sylvia badly (5) *needs/is needing* extra lessons and (6) *looks/is looking* for a private teacher. She's my best friend and we (7) *have/are having* a great time when we hang out together. And we (8) *love/are loving* going window-shopping – we (9) *look/are looking* at clothes, or (10) *smell/are smelling* the new perfumes, but we rarely buy anything.

5 Complete the text with the present simple or present continuous forms of the verbs given and the adverbs.

Tanishq Abraham is a child prodigy. When he was only four years old, in 2007, he scored 99.9 in an IQ test. He (1) (hold) several university degrees in maths, physics, science and foreign languages! Tanishq (2) (have) a wide range of interests, so how does he decide what to study? 'If I find something that interests me,' he says, 'I read a book on it, and then start to do research. I sometimes (3) (get) in touch with scientists, too, and learn from them.' This multi-talented Indian-American child (4) (aspire) to run for president of the USA! But that can only happen when he's 35 years old. In the meantime, he (5) (study) to become a doctor. Does he get on with the other students on his course? 'Oh yes,' he says. 'Because I (6) (look) so young, at the beginning they all wonder what I (7) (do) in their class, but then we make friends and they often (8) (ask) me for help. But Tanishq (9) (not study/always). In his free time, he (10) (love) playing video games with his sister.'