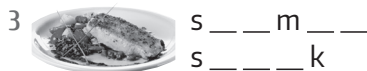


1 ★ Uzupełnij wyrazy brakującymi literami.

meat

p ____
c ____b ____ f
s ____

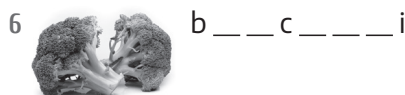
fish

s ____ m ____
s ____ kt ____
s ____ d

vegetables



p ____ s



b ____ c ____ i

2 ★★ Uzupełnij tekst wyrazami z ramki.

beef ■ fresh ■ mashed ■ noodle
pie ■ popular ■ salty ■ stale

Hi!

How are you? You want to know something about my new school? Well, I really like it. The teachers are very friendly and it's got a great computer room. But there's one problem – the food in the school canteen isn't very good! ☹

I usually have rolls and butter, but the rolls aren't very ¹ _____. In fact, sometimes, they're ² _____. The turkey ³ _____ is good, but the chicken ⁴ _____ soup is really ⁵ _____, so I always have to drink lots of water.

The best food in the canteen is ⁶ _____ stew with ⁷ _____ potatoes. We have that on Thursdays and it's really ⁸ _____ – everyone wants to eat it!

What's the food like in your school canteen?

Betty

Listening

3 25 Pośluchaj nagrania i zakreśl a, b lub c.

- Tom thinks he learns best from
 - his parents.
 - online videos.
 - his grandmother.
- Tom's sister likes
 - sweet food.
 - healthy food.
 - spicy food.
- Tom's aunt and uncle
 - don't like vegetables.
 - don't eat meat or fish.
 - don't like spicy food.

4 ★★★ Odpowiedz na e-mail Betty z ćwiczenia 2. Opisz swój ulubiony obiad.

Hi Betty!

Thanks for your letter! I usually eat lunch at home / at the school canteen. I really like _____ but I don't like _____

because _____

Write back soon!



Phonics twister

26 Pośluchaj nagrania. Podkreśl wyrazy, w których **oo** wymawia się tak jak w słowie **cook** /u/ oraz zakreśl wyrazy, w których **oo** wymawia się tak jak w słowie **cool** /u:/.

- I'm **loo**king for my **boo**k about kangar**oo**s.
- We play **foo**tball every after**noon** after sch**oo**l.
- My brother watches sp**oo**ky cart**oo**ns on Sundays.
- Let's take our sc**oo**ters to the w**oo**d.
- His house has got a blue r**oo**of and a swimming p**oo**l in the garden.



Life skills: Healthy food

Zaznacz nazwy zdrowych produktów spożywczych.

kebab ☐ salmon ☐ pizza ☐ tuna ☐
cereals ☐ broccoli ☐ popcorn ☐

1 ★ Zakreśl odpowiednie wyrazy.

- The beef stew **was / were** delicious but the vegetables **wasn't / weren't** fresh.
- I **wasn't / weren't** at school yesterday because it **was / were** the weekend.
- My sister and I **was / were** late for our tennis lesson yesterday and our teacher **was / were** very angry.
- A: Where **was / were** you last weekend?
B: I **was / were** at my cousins' house.
- A: **Was / Were** your brother at Mark's party last night?
B: No, he **wasn't / weren't**. He **was / were** at home.

2 ★★ Uzupełnij tekst odpowiednią formą **be** w czasie Past simple.

It ¹ _____ (✓) my friend Josh's birthday party yesterday. He ² _____ (✓) twelve years old. The party ³ _____ (X) at his house, it ⁴ _____ (✓) in the park. Josh's sister and his mum ⁵ _____ (✓) there, but his dad and his brother ⁶ _____ (X) there because they ⁷ _____ (✓) at work. Of course, lots of Josh's friends from school ⁸ _____ (✓) there. We ⁹ _____ (✓) in the park for four hours, but after lunch we ¹⁰ _____ (✓) all quite cold because it ¹¹ _____ (X) very sunny in the afternoon. The food ¹² _____ (✓) delicious and Josh's birthday cake ¹³ _____ (✓) really cool. It ¹⁴ _____ (✓) in the shape of a motorbike. It ¹⁵ _____ (✓) a really good party.

3 ★★ Przeczytaj ponownie tekst z ćwiczenia 2. i popraw zdania.

Josh was eleven years old.

~~He wasn't eleven years old. He was twelve years old.~~

- The party was at Josh's house.

- His father and brother were there.

4 ★★★ Zapisz pytania, stosując podane wyrazy, i odpowiedz na nie.

- Where / you / yesterday / ?

- Who / your best friend / when / you / ten years old / ?

Train your brain!

Znajdź drogę do mety i zaznacz ją. Możesz się poruszać w górę/dół oraz w prawo/lewo. Zapisz dwa pytania i dwa stwierdzenia. Każdy wyraz może być użyty tylko raz.



Start		
Where	They	were
was	he?	at
Finish!		
chef?	I	home.
chef?	was	hungry.
a	you	Were

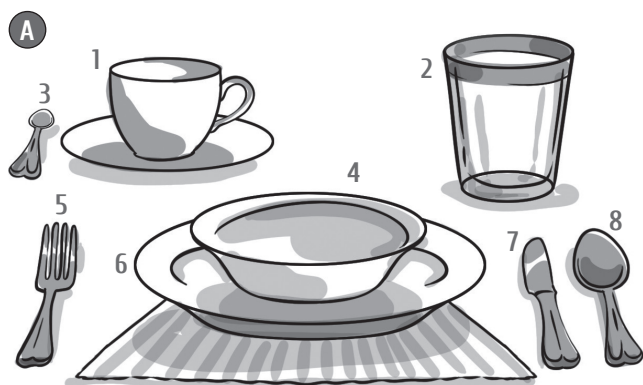
- _____
- _____
- _____
- _____

- They were in the park for two hours.

- They were all quite hot after lunch.

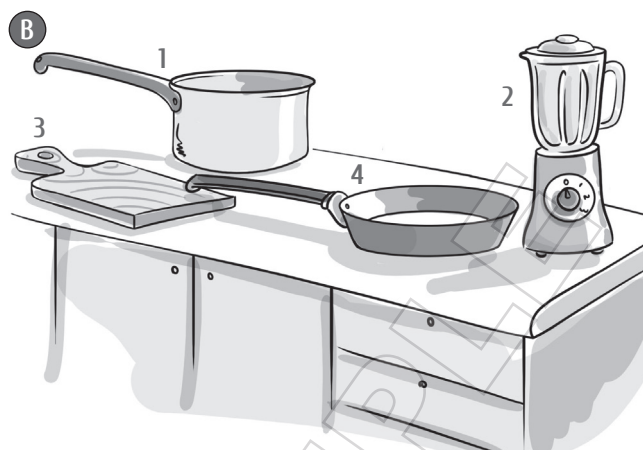
- Josh's birthday cake was in the shape of a robot.

1 ★ Podpisz ilustracje wyrazami z ramki.



bowl ■ cup ■ fork ■ glass
knife ■ plate ■ spoon ■ teaspoon

- | | |
|---------|---------|
| 1 _____ | 5 _____ |
| 2 _____ | 6 _____ |
| 3 _____ | 7 _____ |
| 4 _____ | 8 _____ |



blender ■ chopping board
frying pan ■ saucepan

- | | |
|---------|---------|
| 1 _____ | 3 _____ |
| 2 _____ | 4 _____ |

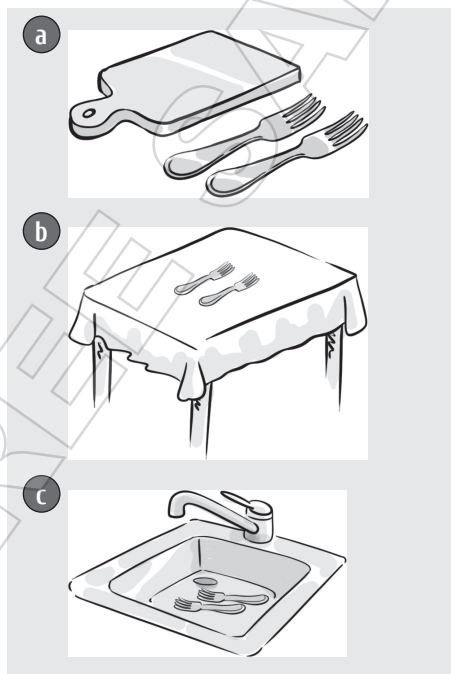
2 ★★ Zakreśl odpowiednie wyrazy.

- I want to drink some tea. I need a **cup / plate**.
- I want to eat some soup. I need a **bowl / glass**.
- I want to cut these vegetables. I need a **fork / knife** and a **blender / chopping board**.
- I want to cook this pasta. I need a **blender / saucepan**.
- I want to cook this pork chop. I need a **fork / frying pan**.

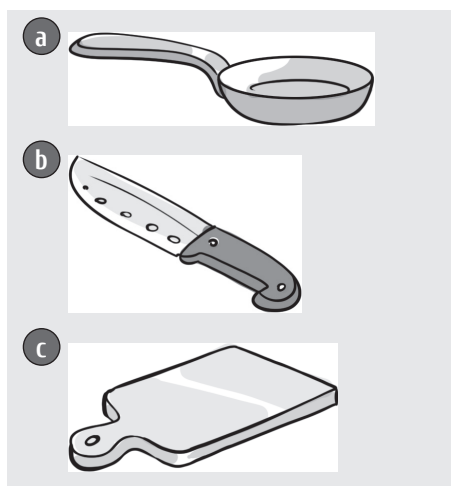
Listening

3 27 🎧 Posłuchaj nagrania i zakreśl a, b lub c.

1 Where are the forks?



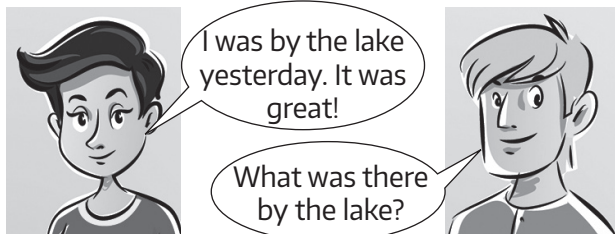
2 What is aunt Rachel's birthday present?



3 What is the woman talking about?

- How to make a smoothie.
- How to use a blender.
- Her favourite fruit.

1 ★ Napisz zdania twierdzące lub przeczące, stosując podane wyrazy. Użyj: *There was/ wasn't* lub *There were/weren't*.



☒ / three boys *There were three boys.*

1 ☒ / any rubbish

2 ☒ / any dogs

3 ☒ / a lot of birds

4 ☒ / any people in the lake

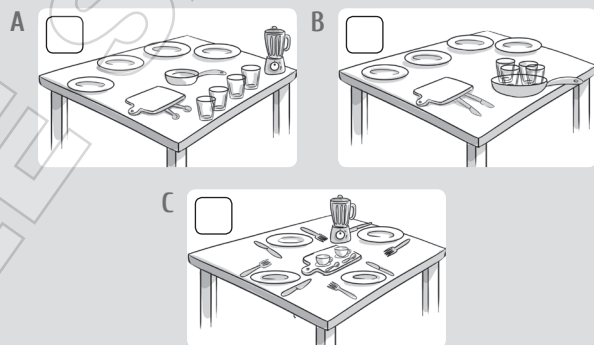
5 ☒ / an old woman with a small cat

6 ☒ / a boat on the lake

7 ☒ / a shark in the lake

2 ★★ Przeczytaj tekst i zaznacz odpowiednią ilustrację.

This is a picture of my kitchen yesterday. There were four plates on the table but there weren't any knives or forks. There were two spoons under the chopping board. There was a frying pan next to the chopping board. There weren't any cups but there were four glasses next to the blender.



3 ★★★ Wybierz z ćwiczenia 2. jedną z dwóch pozostałych ilustracji i opisz ją, stosując *there was/wasn't* lub *there were/weren't*.

Useful!

Uzupełnij zdania wyrażeniami z ramki.



I can give you a hand.
It makes me mad!
Just calm down.
They aren't much use.

1 These boots have got holes in them.

2 A: Look! Those people are putting rubbish in the sea. _____
I'm really angry.

B: _____ Let's go and talk to them.

3 A: I don't understand this maths homework.

B: _____ Maths is my favourite subject.

Train your brain!

Zapisz pytania i połącz je z odpowiedziami. Której ilustracji z ćwiczenia 2. dotyczą?



1 there / a / on / blender / the / table / Was / ?

_____ ☐

2 there / table / glasses / on / Were / the / any / ?

_____ ☐

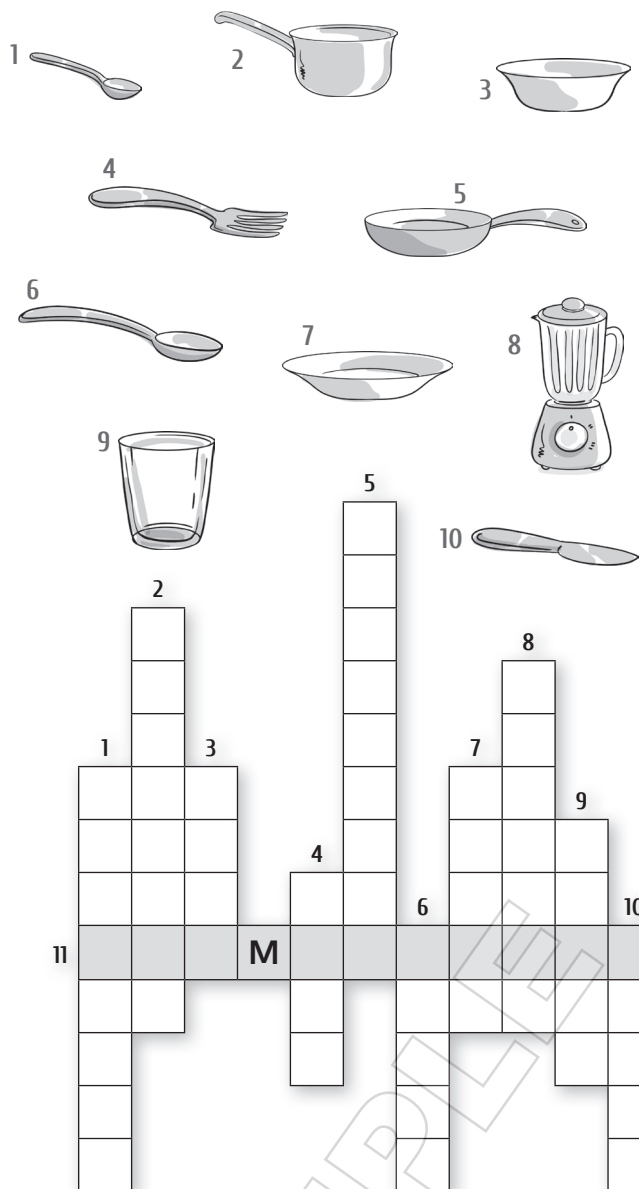
a No, there weren't.

b Yes, there was.

Picture ☐



1 ★ Rozwiąż krzyżówkę i odgadnij hasło.



3 ★★★ Ułóż cztery zdania, stosując wyrazy z każdego wiersza. Każdy wyraz może być użyty tylko raz.

Was	There	The	He
was	pork	there	were
a cat	chop	at	two
dolphins	the cinema	in	was
your	in	very	last
the sea.	night.	garden?	tasty.

1 Was there

2

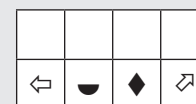
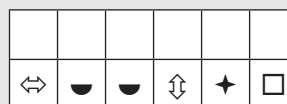
3

4

4 ★★★ 28 Posłuchaj nagrania i dopasuj odpowiedzi do pytań.

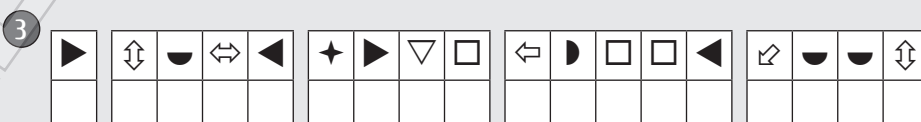
- Were you at John's party yesterday? a ☐
- Were there any dogs in the park? b ☐
- Was your brother at school last week? c ☐
- Was there a knife on the table? d ☐
- Where was your mum? e ☐
- Were the children hungry? f ☐

2 ★★ Popatrz na ilustrację i wpisz w puste kratki (1) nazwę dania. Uzupełnij tabelę (2) i odszyfruj zdanie (3).



2

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
↖	❖				↗	◐			⇒			△				*	✧		◀		↘	◑	◒	◓	↑



1 ★ Podpisz ilustracje.



1 b _ _ l



2 s _ _ _ e



3 a _ _



4 c _ _ k



5 m _ _



6 c _ _ p



7 f _ _



8 s _ _ _ e

3 ★★ 29 Posłuchaj nagrania i ułóż zdania w odpowiedniej kolejności.

- ☐ a Add it to the chicken.
- ☐ b Chop the lettuce.
- ☐ c Cut the chicken into small pieces.
- ☐ d Put it onto some bread.
- ☐ e Add some mayonnaise.
- ☐ f Put the chicken in a bowl.
- ☐ g Fry the chicken.



4 ★★★ Ułóż przepis na kanapkę z tuńczykiem i majonezem, stosując wyrazy podane w ramce.

tin of tuna ■ mayonnaise ■ bread
add ■ put ■ lettuce ■ chop ■ bowl

You need a tin of tuna,

2 ★★ Uzupełnij dialog wyrazami z ramki.



add ■ bowl ■ butter ■ difficult
eggs ■ fry ■ frying pan
ingredients ■ long ■ make
minutes ■ mix

A: I want to make French toast. Is it ¹ _____ ?

B: No, it's very easy.

A: What ² _____ do I need?

B: Some bread, three ³ _____, some milk, some salt and pepper, and some ⁴ _____.

A: How ⁵ _____ does it take to make?

B: About ten ⁶ _____.

A: How do I ⁷ _____ it?

B: First, ⁸ _____ the eggs and milk together in a ⁹ _____. Then, ¹⁰ _____ the salt and pepper. Slice the bread. Put the bread into the bowl with the eggs and milk. Put some butter into a ¹¹ _____ and ¹² _____ the bread for one or two minutes. Serve it on a plate with cream and fruit.



Quiz – National dishes

1 Sprawdź, co pamiętasz na temat meksykańskiego dania *chiles en nogada*. Zdecyduj, czy zdania 1–6 są prawdziwe (*True = T*), czy fałszywe (*False = F*). Zakreśl *T* lub *F*.

- | | |
|--|-------|
| 1 'Walnut cream chillies' is a plate of walnuts with a cream chilli sauce. | T / F |
| 2 The colours of the dish are green, white and red. | T / F |
| 3 You need to fry the chillies in a frying pan first. | T / F |
| 4 You make the sauce in a blender. | T / F |
| 5 You put pomegranate seeds on top of the sauce. | T / F |
| 6 Walnut cream chillies are salty and bitter. | T / F |

2 Sprawdź w słowniku znaczenie wyrazów z ramki.

apricot jam ■ curry paste ■ minced beef ■ mixture ■ topping

3 Przeczytaj tekst i odpowiedz na pytania.



Bobotie is one of the national dishes of South Africa. It's a **mixture** of European and Indonesian flavours. It's a spicy and sweet meat dish with fruit, and an egg and milk **topping**. To make this dish you need bread, **minced beef**, onions, eggs, milk, almonds, **curry paste** and **apricot jam**. Cut the bread into small pieces and put it into a bowl with milk. Chop the onions and fry them in a frying pan. Then add the minced beef and cook for five minutes. Add the curry paste and the apricot jam. Add the bread and the almonds. Sometimes people also add apples and dried fruit. Put everything into a big dish. Mix the milk and the eggs together and pour this over the mince. Bake it in the oven for about forty minutes. Serve it with rice and a green salad.

- | | |
|---|--|
| 1 Which of these ingredients is NOT in bobotie: milk, curry paste, onions, chillies, minced beef. | 3 How long does it take to bake bobotie in the oven? |
| 2 Which two ingredients go on top of the meat mixture? | 4 What do people serve with bobotie? |

4 Przeczytaj informacje o irlandzkiej potrawie i napisz, jak ją przygotować.

Irish stew

- very easy to make, tasty
- ingredients: onions, carrots, lamb, potatoes, salt and pepper
- chop onions, carrots & potatoes; slice lamb and boil for 30 minutes; add onion, potatoes & carrots; cook for 20 minutes; add salt and pepper; serve with Irish bread

Vocabulary & Speaking

1 ★ Znajdź 16 wyrazów i dopasuj je do odpowiednich kategorii.

B	D	T	U	R	K	E	Y	P	I	E	E	P	H	N
E	M	A	S	H	E	D	P	O	T	A	T	O	E	S
E	B	I	P	C	I	O	U	R	S	F	O	P	G	X
F	L	B	O	W	L	F	O	K	N	I	F	E	L	P
S	E	D	O	B	R	O	C	C	O	L	I	A	A	L
T	N	F	N	O	R	R	M	H	Y	S	U	S	S	A
E	D	P	P	E	R	K	L	O	R	O	L	L	S	T
W	E	F	R	Y	I	N	G	P	A	N	M	E	H	E
M	R	S	A	L	M	O	N	S	T	E	A	K	Y	Z

1 food items	2 kitchen objects

2 ★ Zakreśl odpowiednie wyrazy.

- Strawberry cake is **bitter** / **sweet**.
- Chicken curry is **spicy** / **stale**.
- Grapefruit is **spicy** / **bitter**.
- Old bread is **stale** / **salty**.
- New bread is **bitter** / **fresh**.
- Sea water is **salty** / **sweet**.



Grammar

4 ★★ Zakreśl odpowiednie wyrazy.

Last Sunday, my sister and I ¹**was** / **were** at Ferndown Forest Park. We ²**was** / **were** there because it ³**was** / **were** a special 'Forest Clean-up Day'. There ⁴**was** / **were** a lot of rubbish in the park. There ⁵**was** / **were** plastic bags in the trees; there ⁶**was** / **were** an old broken bicycle in the lake and there ⁷**was** / **were** some plastic bottles on the path. There ⁸**wasn't** / **weren't** a lot of people at the Forest Clean-up Day, but it ⁹**was** / **were** a good day and by the evening there ¹⁰**wasn't** / **weren't** any rubbish in the park.

5 ★★ Napisz pytania i odpowiedzi, stosując podane wyrazy.

he / in London / last weekend? ☒

Was he in London yesterday? Yes, he was.

1 there / any apples / in the bowl / ☒

2 there / any food / on the table? ☒

3 you / at school / yesterday? ☒

4 there / a cat / in your garage / last night? ☒

5 there / many people / at the concert? ☒

3 ★★ Uzupełnij pytania odpowiednimi wyrazami. Do każdego pytania dopasuj odpowiedź.

- What i _____ do I need? ☐
- Is it d _____? ☐
- How l _____ g does it t _____ to m _____? ☐
- H _____ do I make it? ☐

- No, it isn't. It's easy.
- First, slice the cheese. Put some butter on the bread. Put the cheese onto one piece of bread. Put the other piece of bread on top.
- Some cheese, bread and butter.
- About one minute.